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| Day | 9.00am-10.30am | Break | 10.45am-12.00pm | Lunch | 2.30pm-4.00pm | Break | 4.15pm- 5.30pm |
| 1 | Arrival |  | Registration & Meeting PointIntroduction & History of Sahainan |
| 2 | Introduction to PermacultureIntroduce Basic Tools of CarpentryIntroduce Building Material: Wood & Bamboo |
| 3 | Ethics & Principles of PermaculturePermaculture Garden Design: Swale, Edges, MicroclimateCarpentry Work (Leveling and Measuring) |
| 4 | Create a Permaculture Garden Carpentry Work (Building) |
| 5 | Sahainan Land Tour: Edible Food Forest & Medicinal HerbsCarpentry Work (Building) |
| 6 | Water System Management, Organic Soil Improvement StrategiesCarpentry Work (Building) |
| 7 | Other Topics on Permaculture |  | Closing Circle  |  | Departure |

Basic Permaculture & Carpentry Workshop @ Sahainan (Thai Language)

\*Breakfast: 8am-9am, Lunch: 12pm-1pm, Dinner: 5.30-6.30pm.
\*Strictly NO SMOKING in the class, no illegal drugs in Sahainan, no load music after 9pm.
\*Some variation in the schedule may occur, please be ready to be flexible.
\*Yoga / Meditation is available 6.30am – 8.00am.