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| Day | 9.00am-10.30am | Break | 10.45am-12.00pm | Lunch | 2.30pm-4.00pm | Break | 4.15pm- 5.30pm |
| 1 | Arrival | | |  | Registration & Meeting Point  Introduction & History of Sahainan | | |
| 2 | Introduction to Permaculture  Introduce Basic Tools of Carpentry  Introduce Building Material: Wood & Bamboo | | | | | | |
| 3 | Ethics & Principles of Permaculture  Permaculture Garden Design: Swale, Edges, Microclimate  Carpentry Work (Leveling and Measuring) | | | | | | |
| 4 | Create a Permaculture Garden  Carpentry Work (Building) | | | | | | |
| 5 | Sahainan Land Tour:  Edible Food Forest & Medicinal Herbs  Carpentry Work (Building) | | | | | | |
| 6 | Water System Management, Organic Soil Improvement Strategies  Carpentry Work (Building) | | | | | | |
| 7 | Other Topics on Permaculture |  | Closing Circle |  | Departure | | |

Basic Permaculture & Carpentry Workshop @ Sahainan (Thai Language)

\*Breakfast: 8am-9am, Lunch: 12pm-1pm, Dinner: 5.30-6.30pm.  
\*Strictly NO SMOKING in the class, no illegal drugs in Sahainan, no load music after 9pm.  
\*Some variation in the schedule may occur, please be ready to be flexible.   
\*Yoga / Meditation is available 6.30am – 8.00am.