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Daily Heaven recommends Sahainan Permaculture Organic Farm ไร่สหามานัน

เริ่มรู้จักวิถีและชุมชน.

8 March at 14:59 · 🌐

[#PleaseSeeltForYourself](#)

The 14 days spent at Sahainan Organic Farm was one of the most productive time I've spent in Thailand with my German partner. I would totally recommend this place to learn ways of life, to be awake to our own realities and to know how to equip oneself to thrive not just survive. We learned from the couple who have learned trial and error in the past. The best learning is experience and we can say that they really have those experiences at hand and gave us so many tips.

Sahainan Farm taught me so many things I did not even expect to be taught but from simple inexpensive dishwashing to knowing how to restore the soil's health through uncomplicated ways is just amazing 🌟. We graduated from the PDC course super satisfied and proud of ourselves and

is just amazing 🌟. We graduated from the PDC course super satisfied and proud of ourselves and with our teachers!

When we also thought that touring Thailand would only be at those common known places where too many written blogs were read and created, we were wrong because we were utterly mesmerized by the beauty of Nan and the surrounding villages of the Northern Thailand. The vast flat landscapes of farms and the mountainous regions are very painting-worth-seeing.

May many of us unite in creativity so we can finally restore our true Home. This is my prayer for each and all of us.

"We travel because we need to, because distance and difference are the secret tonic to creativity. When we get home, home is still the same, but something in our minds has changed, and that changes everything."



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Marnie Schmidt is with Lim Jia Yie and 3 others.

18 February 2020 · 🌐

10 days full of adventure, fun, knowledge, work, nature, good friends and good food. The workshop at the Sahainan Permaculture Farm was a wonderful and enriching experience. I not only met lovely people and a beautiful place but also learned how to apply the many facets of permaculture in a practical way. We learned how to build a house with natural resources, install a solar pump, straighten and plant a field, produce charcoal and activated biochar, make compost, how to filter water and much more. Every day was full of beautiful and exciting experiences and Sandot is an amazing teacher. Permaculture is our future and we can spread it! Thank you very much for the unforgettable time with you all 🌿🌻🍌🍌🍌🍌🍌🍌🍌🍌🍌🍌



Ister Morales
5 years ago on Google

5/5

My husband and I spent only 10 days at Sahainan and had an amazing experience. The people, the lifestyle, the beautiful surroundings made for a perfect stay. Sandot and his wife are extremely knowledgeable and creative and you can never learn enough from them. Above all, there's so much to learn from nature, simplicity and being truly happy. I would highly recommend this place for anyone interested in permaculture, simple living, and up for a great experience.



 **Paula Alfaro** recommends **Sahainan Permaculture Organic Farm ไร่สนามน่าน** ...
เรียนรู้เกษตรวิถีและยั่งยืน.
 22 January 2020 · 🌐

Hi, I spent one month in this amazing farm and I finished it falling in love with the family, the volunteers, the villagers, nature...everything I think. First I did the permaculture course and then 3 weeks of volunteering. It was the best option cause I didn't know how to care the farm and I learnt much more than I thought. Also, I love how Sandot and Shen explained us everything with patience, showing us all we want and sharing their great knowledge. Seriously, this month changed my mind completely. They are very generous and kind people, and I was very lucky meeting wonderful volunteers and the Japanese family (which are used to go once every year). Thank you so much for share and interact, and show me your culture! I hope you keep growing and keep teaching permaculture as you do. With lot of love, Paula.

 **Benjamin Low** recommends **Sahainan Permaculture Organic Farm ไร่สนามน่าน** ...
เรียนรู้เกษตรวิถีและยั่งยืน.
 14 September 2019 · 🌐



I spent two weeks at Sahainan for the practical permaculture course and it was life changing. I came to appreciate how simple living can be a joy and how delicious farm-to-table food can be. I also learnt practical skills like using a machete, cooking banana bread, land design, crop rotation, preparing the soil and water system design, and many others. Shen and Sandot are accommodating hosts, and tried to make my stay comfortable even though I was used to living in a city and not used to off-grid living. I met a bunch of wonderful people from all over the world who are passionate about permaculture. The friends you make here can last a lifetime. Do take note of the seasons before choosing when to come. There are 3 main seasons: rainy season (Jul - Oct), cold and wet season (Nov - Feb) and hot and dry (Mar - Jun).

 1 1 comment



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> [Thung Chang](#) > [Sahainan Permaculture Organic Farm](#)

Overview Prices Reviews Location Photos



 **Steve Boot**
 a year ago on  Google 5/5

very educational, and a great insight into the permaculture way of life. A beautiful spot. Through out the course many added extras too. Thank you soo much guys

 **Chris Buckley**
 a year ago on  Google 5/5

I went for the 14 day Permaculture design course. I learnt many great techniques and overall how to plan our land development project in Thailand. The course was tailored around my needs and there was a lot of hand on practice. But what was most impressive was the attitude towards the local community. Sandot and Shen have built something incredibly beautiful and they want to share. For example, the project of a solar powered system to pump natural spring water to the top of a mountain, which will supply over 20 families with water all year round was truly inspirational. I learnt new practical techniques, but more importantly learnt a new philosophy towards farming. This is the easiest 5 stars I've ever given. From my heart, thank you Sandot and Shen.

[Read less](#)

 **Jasmine Lucas**
 2 years ago on  Google 5/5

Sahainan is a truly special place, made so by the lovely people. Sandot is a patient and kind host and teacher. He cooked delicious food and was always humble and friendly. I have so much respect for the family to open their home and garden ...

[Read more](#)



Sarah Kissel recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

เรียนรู้เกษตรวิถีและยั่งยืน.

9 August 2019 · 🌐

Where do I even begin? Sahainan now feels like a dream. I was there for a bit over two weeks, taking their Permaculture Design program and my time there flew by. Shen and Sandot have created a beautiful environment for their family and for individuals interested in traditional and sustainable farming practices.

Sahainan gives you the opportunity to live the traditional farmer lifestyle, off the grid, with loads of delicious organic food. Your time here will put so much into perspective and will teach you more than you could ever imagine. I hope, when I go back home, I can take and implement the things I have learned at Sahainan and live the most sustainable, energy efficient life I can.

Thank you Shen and Sandot for your knowledge, experience, and patience with me.

👍 4

1 comment 2 shares



Toran Langford recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

เรียนรู้เกษตรวิถีและยั่งยืน.

19 July 2018 · 🌐

There are no words that can describe how important the farm and classes are to the world. It might just be my beliefs, but the complex nature of lifestyle is where I find my heart. Loved it!!!

5 stars

👍 Like

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Comment as Sahainan Permaculture Organic Farm ไร่สหายน่าน เรียนรู้เกษตร...



Stéphanie Ollatti recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

เรียนรู้เกษตรวิถีและยั่งยืน.

18 June 2018 · 🌐

J'ai passé 2 mois à Sahainan. C'était ma première expérience en woofing. Je recommande fortement ! Merci encore Sandot, Shen, Jon Jon et Jay Jay pour votre accueil ! J'ai appris



Hui Ran Toh recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

เรียนรู้เกษตรวิถีและยั่งยืน.

19 April 2019 · 🌐

I did a ten-day Practical Permaculture Course here and I learned so much in a short time. Shen and Sandot really teach and involve us in what they do in their daily life, from chopping bamboo to cooking over wood fires, designing and planting gardens and weaving baskets. I think it's great value for money and if you like simple and rustic living, the atmosphere and company is priceless.

👍 Sahainan Permaculture Organic Farm ไร่สหายน่าน เรียนรู้เกษตรวิถีและยั่งยืน 1 comment

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Mongkol Lakkhanaoet recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

ไร่สหายน่าน เรียนรู้เกษตรวิถีและยั่งยืน.

27 March 2019 · 🌐

Practical permaculture farm in thailand!!



Winthrop Barrett recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

เรียนรู้เกษตรวิถีและยั่งยืน.

6 December 2018 · 🌐

I recently Volunteered at Sahai Nan Farm for four days to see if it would be a good fit for me to spend more time there Volunteering later in the year.

Wow! Was I impressed! Shen and Sandot are an amazing team- ceaselessly and patiently teaching, answering questions, sharing their knowledge and wisdom, and demonstrating all aspects of permaculture- as well as living it, of course!

Not to mention the fabulous food and beautiful rural setting- fantastic!

Upon conclusion of my four days Volunteering I immediately signed up to Volunteer for five weeks as well as enrolling in the Permaculture class.

I highly recommend Sahai Nan Farm to anyone interested in experiencing and learning from a legitimate permaculture farm as well as anyone who simply wants to live close to the earth and Volunteer. Can't wait to go back!

Sincerely, Winthrop, "Win", Barrett

👍❤️ 2

1 comment

 David Seiffert
a week ago on  Google


5/5

(Translated by Google) Big thanks to Shen and Sandot for everything we got to learn!!
If you want to get to know permaculture in its most beautiful splendor, you should not miss this destination on your trip to Thailand!
I did my PDC there and would recommend it to anyone interested in a sustainable, healthy life with meaning.
Sandot is a true master of PK design and there wasn't a plant he didn't know of and couldn't find use for.
Shen's knowledge is just as incredible, and she is very creative in applying it in the kitchen (if Michelin came by, it would easily have a star..) she is also great as a teacher and is really good at conveying content.
The many projects with which you help neighbors but also protect the surrounding forest are just as interesting.
All in all one of the best and most groundbreaking experiences of my life!
PS: Be careful with the sticky rice, it makes you fat after a while (at least for me)
(Original)
Großen Dank an Shen und Sandot für alles was wir lernen durften!!
Wer Permakultur in seiner schönsten Pracht kennenlernen will, darf auf seiner Thailand Reise dieses Ziel nicht auslassen!
Ich habe meinen PDC dort gemacht und würde es jederzeit jedem, der sich für ein nachhaltiges, gesundes Leben mit Sinn interessiert, weiterempfehlen.
Sandot ist ein wahrer Meister im PK Design und es gab keine Pflanze, die er nicht kannte, und für die er keinen Nutzen fand.
Shens Wissen ist ebenso unglaublich, und Sie vermag es in der Küche sehr kreativ umzusetzen(Wenn Michelin vorbeikommen würde, wäre locker ein Stern drinne..)außerdem ist Sie als Lehrerin spitze und vermag es Inhalte wirklich gut zu vermitteln.
Die vielen Projekte, mit denen Sie Nachbarn helfen, aber auch den umgebenden Wald schützen sind ebenso interessant.
Alles in allem eine der besten und wegweisendsten Erfahrungen meines Lebens!
PS: Vorsicht mit dem Sticky Rice, der macht nach einer Weile nämlich fett(zumindest



Jenny Maloney  recommends Sahainan Permaculture Organic Farm ไร่สหายน่าน ...

เรียนรู้เกษตรวิถีและยั่งยืน.

28 January 2020 · 

I spent a week at Sahainan in January 2020 and it was by far one of the best experiences of my life. In this short time I learned so many things, from how to build a dam and chop bamboo with a machete, to setting up and installing solar powered water irrigation systems. Along with general farm maintenance work such as looking after the chickens and operating the sprinkler system, I also learned how to make high quality compost. Sustainable living is a high priority here and f...
[See more](#)



Overview

Prices

Reviews

Location

Photos

(Translated by Google)
In a house style

...



Javiera Aravena Calvo
4 years ago on Google

5/5

We spent almost 20 days at Sahainan farm, including the 10 days of practical permaculture course.. it was a great experience, far beyond our expectations! We just loved the way Shen and Sandot live and share they knowledge. They are very enthusiastic about permaculture and it is really motivating to see how they apply every principle in their life. The course was very interesting for us, it was a mix of theory and practice in the field or at the village's school, sharing with the local kids. After the course, we helped them cooking (their food was delicious), planting rice and fruit trees, feeding the chickens, making water filter for the school, building with bamboo and collecting plants and fruits for our meals. It is amazing to experience this style of life, gathering your food from the forest, cooking in fire, eating all together as a family and then going to sleep to our bamboo hut, with all the nature and forest sounds around us. We really recommend to visit them, we believe is the perfect place to learn how to be connected with nature the way Thai traditional people do.
Kop khun kha!!!! Hope to meet you again!
Javi and Pablo (Chile)

...

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